



The Art of Letting Go: Living the Wisdom of St. Francis

Richard Rohr

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We often think of saints as rare individuals whose gifts far exceed our own, and St. Francis is no exception. But for Fr. Richard Rohr, a prolific author and renowned speaker, the life and teachings of this beloved figure offer an authentic spirituality we can all embody. On The Art of Letting Go, Fr. Rohr gives us a sixsession learning course that explores: the surprising richness we discover through simplifying our lives; without taking a vow of poverty; liberation from our self-limiting biases and certitudes; contemplation and action, two key steps towardcommuning more deeply with the Divine; and more.



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