



Clifford Beers: A Mind That Found Itself

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In the groundbreaking book, Clifford Beers tells what it was like to be institutionalized at a time when mental illness received little attention or respect. "A Mind that Found Itself" is Clifford Beers' own story, as one of five children who all suffered psychological distress and were all confined to mental institutions at one time or another. Beers, who wrote the book after his own confinement, gained the support of the medical profession and was a leader in the mental hygiene movement. "A Mind that Found Itself" has been an inspiration to many mental health professionals in their choice of a profession. It also did much to help the rest of the world see mental health issues as a serious disease. "A Mind that Found Itself" is an excellent read for anyone seeking to better understand, or treat, mental illness.

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Leo Osborne:

Clifford Beers: A Mind That Found Itself can be one of your basic books that are good idea. Many of us recommend that straight away because this publication has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort that will put every word into satisfaction arrangement in writing Clifford Beers: A Mind That Found Itself nevertheless doesn't forget the main point, giving the reader the hottest as well as based confirm resource facts that maybe you can be among it. This great information can certainly drawn you into brand new stage of crucial considering.

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