



# **The Mere Mortal's Guide to Fine Dining: From Salad Forks to Sommeliers, How to Eat and Drink in Style Without Fear of Faux Pas**

*Colleen Rush*

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From aperitif to digestif, approach every meal with savvy and grace.

We've all experienced Fancy-Pants Restaurant Jitters at some point – the fear that you will unknowingly commit some fine-dining crime, whether it's using the wrong fork, picking an amateur wine, mispronouncing *foie gras*, or gasping when your fish entrée arrives with its head still attached. Relax. *The Mere Mortal's Guide to Fine Dining* is the ultimate antidote to restaurant anxiety.

Where does your napkin go when you leave the table? Should you sniff the wine cork? And why, pray tell, *are* there so many forks? This comprehensive and accessible primer answers these and dozens of other questions and offers the basics on every aspect of fine dining, including:

- \* How to navigate a place setting
- \* Speaking menu-ese and the language of fine food
- \* A refresher on polite and polished table manners
- \* 911 for wine novices
- \* A carnivore's guide to beef, pork, lamb, and veal
- \* What local, sustainable, and organic *really* mean
- \* Japanese dining dos and don'ts
- \* Who's who on a restaurant's staff
- \* How to be a regular—or get the perks like one
- \* Top restaurants across the country
- \* What the food snobs know (and you should, too)
- \* And much more...

With a little help, any Mere Mortal can order wine with confidence, get great, attitude-free service, decipher menus, and finally, truly, savor any dining experience.

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