



**A Joosr Guide to... The Whole-Brain Child by  
Tina Payne Bryson and Daniel J. Siegel: 12 Proven  
Strategies to Nurture Your Child's Developing  
Mind**

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Is it possible to directly shape how a child's brain develops as he grows, and is it important to do so? Discover how through interacting with and talking to your child in everyday situations, you can change the way your child thinks and manages his feelings for the better.

The Whole-Brain Child is a handbook with 12 great tips for managing and nurturing the mental development of your child. It teaches you how to take day-to-day occurrences and interactions, and use them to teach your child to think effectively, control his emotions, and maintain positive relationships.

You will learn:

- How you can teach your child to handle conflict more healthily and effectively
- Why storytelling can help your child analyze and manage his feelings
- What kind of questions you can ask to directly develop the higher-thinking part of your child's brain.

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