



# **I Can Barely Take Care of Myself: Tales From a Happy Life Without Kids**

*Jen Kirkman*

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In this instant *New York Times* bestseller that's "boldly funny without being anti-mom" (*In Touch*), comedian and *Chelsea Lately* regular Jen Kirkman champions every woman's right to follow her own path—even if that means being "childfree by choice."

In her debut memoir, actress and comedian Jen Kirkman delves into her off-camera life with the same snarky sensitivity and oddball humor she brings to her sold-out standup shows and the *Chelsea Lately* roundtable, where she is a writer and regular performer. As a woman of a certain age who has no desire to start a family, Jen often finds herself confronted (by friends, family, and total strangers) about her decision to be "childfree by choice." *I Can Barely Take Care of Myself* offers honest and hilarious responses to questions like "Who will take care of you when you get old?" (Servants!) and a peek into the psyche—and weird and wonderful life—of a woman who has always marched to the beat of a different drummer and is pretty sure she's not gonna change her mind, but thanks for your concern.

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