



# It Came from Within!: The Shocking Truth of What Lurks in the Heart

*Andy Stanley*

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Where Did THAT Come From? You know that dreaded, sinking, I-can't-believe-I-said-that-out-loud feeling? It's a disconnect between your attitude and your actions. Or is it? "For out of the overflow of the heart the mouth speaks," states Matthew 12:33. Scary, but true: The words you "accidentally" speak and the actions you later regret are actually in keeping with what's hiding in your heart. Andy Stanley's life-changing message examines four conditions at the root of sour attitudes, hurting relationships, and regretful actions: guilt, anger, greed, and jealousy. This book will help you disclose the true state of your heart and turn what's terrifying into what's terrific.

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