

### My Japanese Table: A Lifetime of Cooking with Friends and Family

Debra Samuels



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#### **My Japanese Table: A Lifetime of Cooking with Friends and Family** Debra Samuels **Bestselling author and food writer Debra Samuels uses her unique skills and deep love of Japan to make the cuisine of her adopted country attainable in** *My Japanese Table.*

Bringing a wealth of experience and a great passion for Japanese cooking to the table, Debra introduces the aesthetics and quality food that are the hallmarks of Japanese cuisine. She learned through her years in Japan that true Japanese homestyle dishes are easy to prepare once you master a few basic techniques. And now that authentic Japanese ingredients are available in most supermarkets, Japanese food has become far more accessible than ever before.

The recipes in this Japanese cookbook, the result of decades spent teaching and preparing homestyle Japanese dishes, include familiar favorites like Hand-Rolled Sushi and classic Miso Soup and less familiar but equally welcome dishes such as Lobster Rolls with Wasabi Mayonnaise and Fried Pork Cutlets. There is also a chapter on the increasingly popular bento (obento) lunch boxes, along with a wonderful selection of desserts, including the delectable Mochi Dumplings with Strawberries. All of the recipes come with stories and cooking tips to help bring the sights, aromas and tastes of Japan into your kitchen at home.

#### This Japanese cookbook includes chapters on:

- Basic recipes
- Sushi
- Snacks and appetizers
- Soups and salads
- Rice and noodles
- Meat and poultry
- Fish and seafood
- Vegetable and tofu dishes
- Bento Boxes
- Desserts and drinks

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