



## Epilepsy in Women

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### **Epilepsy requires careful management and monitoring through a woman's life**

Epilepsy is a complex disease. The hormonal changes women experience, both day-to-day menstrual fluctuations and the longer waxes and wanings of a reproductive lifetime, make the management of epilepsy even more complicated. At some point, the well-being of a second person, a fetus, might also have to be taken into account.

*Epilepsy in Women* provides a detailed guide to this challenge. The wide-ranging approach encompasses all aspects of a woman's life including:

- Social and psychological impacts
- The impact in reproductive life
- Contraception
- Pregnancy
- Fetal health and long term developmental outcomes
- Lactation
- Menopause

Each practical chapter begins and ends with a case study that demonstrates the more general challenge. The authors develop themes to provide clinical guidance based on evidence and experience.

Written and edited by an international cast of experts, *Epilepsy in Women* provides crucial tips and recommendations for neurologists and gynecologists who need to be aware of the subtle effects of epilepsy on woman's life.

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