



The Seasoned Life: Food, Family, Faith, and the Joy of Eating Well

Ayesha Curry

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The Seasoned Life: Food, Family, Faith, and the Joy of Eating Well Ayesha Curry
A beautiful family-centric cookbook for the home chef, from Ayesha Curry

In **THE SEASONED LIFE** Ayesha Curry will share 100 of her favorite recipes and invite readers into the home she has made with her two daughters and her husband Stephen Curry. Ayesha knows firsthand what it is like to be a busy mom and wife, and she knows that for her family, time in the kitchen and around the table is where that balance begins.

This book has something for everybody. The simple, delicious recipes include Cast Iron Biscuits, Smoked Salmon Scramble, Homemade Granola, Mom's Chicken Soup, Stephen's 5 Ingredient Pasta, and plenty of recipes that get the whole family involved -- even the little ones!

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