

The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion

Ken Fite

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What could you accomplish with two extra hours in your day?

For over a year now, I've woken up every day at five o'clock in the morning to work on my goals and dreams. I know that sounds crazy, but stay with me... I was tired of waking up late, rushing through my day, and being so tired after getting the kids to bed that I didn't have any energy left to do anything. It felt like one of my favorite movies, Groundhog Day. Every day felt exactly the same. I was living my life but I wasn't doing anything to improve my life.

I challenged myself to wake up just a few minutes earlier every day for 30 days and after a month, I was waking up two hours earlier and focusing on my dreams before the rest of the world could wake up and ask me for chocolate milk or demand a TPS report. The results were AMAZING.

Over the last year, I've used my early mornings to pray, read, and write. I've learned so much and wrote seven books. I found the time I never knew I had.

In The 4-Minute Morning, I'll show you how you can wake up early and work on your goals and dreams, too.

Are you looking for more time in your day? Waking up early just may be the answer. Click on the link on the right to download a free sample of this book. -Ken



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From reader reviews:

Martina Joseph:

Typically the book The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion will bring someone to the new experience of reading the book. The author style to describe the idea is very unique. When you try to find new book to read, this book very appropriate to you. The book The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion is much recommended to you to read. You can also get the e-book from official web site, so you can quicker to read the book.

Modesto Delarosa:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their spare time with their family, or their particular friends. Usually they doing activity like watching television, likely to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? May be reading a book may be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to try look for book, may be the book untitled The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion can be fine book to read. May be it might be best activity to you.

Lupe Holloway:

Many people spending their time by playing outside using friends, fun activity having family or just watching TV 24 hours a day. You can have new activity to spend your whole day by studying a book. Ugh, think reading a book can definitely hard because you have to use the book everywhere? It alright you can have the e-book, having everywhere you want in your Mobile phone. Like The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion which is keeping the e-book version. So, try out this book? Let's notice.

Marcie Johnson:

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