



# The Truth About Hypnosis

*William W. Hewitt*

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If you would like to eliminate your bad habits and irrational fears and replace them with improved mental, physical, and even psychic abilities, you must get *The Truth About Hypnosis* by William W. Hewitt.

In *The Truth About Hypnosis*, professional hypnotherapist, William Hewitt, explodes the myths about the traditional clinical applications of hypnosis. He explains in simple language what this powerful tool is and what it can do for you.

In this book you will find the answers to many questions, including:

- Who is more likely to be a good candidate for hypnosis, weak-minded people or strong-willed ones?
- Can a hypnotist make you do things against your will?
- Is it possible to get stuck in a hypnotic trance and never snap out of it?
- Does self-hypnosis work? If so, how does it work? Is it safe?

*The Truth About Hypnosis* presents practical aspects and procedures used in hypnosis, including twelve scripts for inducing hypnosis in yourself and others, with sample hypnotic suggestions. You'll read fascinating case histories and learn how hypnosis can help you to:

- Stop smoking
- Control excess weight
- Improve memory
- Recover more quickly from illness or injury
- Improve sexual performance
- Learn faster
- Overcome shyness
- Stop bedwetting
- Experience past-life regression
- Improve your self-image
- Overcome phobias
- Much more

Every time you daydream or begin to drift off to sleep, you are in a hypnotic state. It is natural and common. By using the information in *The Truth About Hypnosis*, you will be able to choose when to go into that state and then put all of its advantages to work for you. For a better future, get *The Truth About Hypnosis* today.

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