



# **Sleep Deprivation: Clinical Issues, Pharmacology, and Sleep Loss Effects (Lung Biology in Health and Disease)**

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# Sleep Deprivation: Clinical Issues, Pharmacology, and Sleep Loss Effects (Lung Biology in Health and Disease)

## Sleep Deprivation: Clinical Issues, Pharmacology, and Sleep Loss Effects (Lung Biology in Health and Disease)

Exploring the wide array of structures, substances, and environments that are primary factors in the initiation or inhibition of sleep, this reference highlights key findings from respected professionals around the globe on the social and economic burden of impaired performance, productivity, and safety arising from sleep deprivation—studying pharmacological treatment regimens for sleep disturbance, as well as cognitive and behavioral coping strategies.

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