



How to Change Your Personality: A Step-by-Step Process for a Complete Personality Makeover

Levi Brooks

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If you've come to the conclusion that your personality needs a serious makeover, then this book is for you!

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That moment when you realize that the person you are is not a person you like — it's a tough pill to swallow, to say the least. Believe it or not, this is actually a good thing, and it's important to decide to take action. Clearly you're serious about making a change, and change is commendable. Change is also natural. Remember, we're actually born to grow and adapt, and it's inevitable that we are going to change over time — our personalities, our bodies, our opinions, etc. So why not do what we can to change ourselves in a good way?

This book was written to help individuals, such as you, who are looking to improve their own personalities wherever possible. To help you find confidence and self-esteem even in the aspects of your personality less amenable to change, I'm going to provide you with a step-by-step approach to identifying the elements of your personality that may need some improvement, and how to gradually change them. Also, I'll help you to identify what aspects you may simply be stuck with, and how to make the most of them. Depending on how much you're truly willing to work on yourself, the end-result will fall somewhere between a personality makeover and a personality revolution. Let's get started!

Here Is A Preview Of What You'll Learn...

- Starting with a Personal Assessment
- Choosing Constructive Venues
- How to Keep Yourself Motivated
- Repositioning Your Essential Characteristics
- Dressing the Part
- Growing Into the New You
- How to Keep Moving Forward
- Much, much more!

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John White:

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Benjamin Deloatch:

People live in this new time of lifestyle always aim to and must have the free time or they will get wide range of stress from both lifestyle and work. So , when we ask do people have time, we will say absolutely yes. People is human not only a robot. Then we request again, what kind of activity are there when the spare time coming to anyone of course your answer can unlimited right. Then do you ever try this one, reading

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