



40 Days: My 1037 Mile Run Around Lake Michigan

Steven Cannon

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Life, Love, Loss and a Historic Run! 40 Days is a brutally honest and inspiring story about Steve's historic journey around Lake Michigan. Averaging a marathon a day for 40 straight days, it's a story of dedication and determination, love and loss, and living in the moment. And most importantly, It's an amazing story of what can happen when you push yourself farther than you ever thought was possible.

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