



Fighting With The Quarterstaff

David Lindholm

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Surveying the whole of historical record, David Lindholm, a long-time martial arts instructor and University lecturer, presents a practical guide for combat with the quarterstaff. Drawing from the historical record, Mr. Lindholm accompanies his explanations with clear photographs as a guide for the the increasingly resurgent art of quarterstaff and stick fighting. This book will interest students of the sword, stick fighters, SCA combatants, LARP gamers, and martial artists of all types. It is a solid contribution to the growing field of Western martial arts.

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